

The Ten Commandments



Gather



Today's Story

- Bible Text: Exodus 20
- Lesson Focus: The Ten Commandments are a gift from God intended to help us live with one another.
- Big Question: Are the Ten Commandments around just to trip us up and make us feel bad?



Key Words

GUIDELINES: standards or principles that provide direction and support.

GIFT: something voluntarily passed to someone without compensation.

THRESHOLD: an entrance or beginning point.



**HERE
WE
STAND**

Opening Prayer

Leader: The Lord be with you.

Group: And also with you.

Leader: For I am about to create new heavens and a new earth;

Group: The former things shall not be remembered or come to mind.

Leader: But be glad and rejoice forever in what I am creating;

Group: For I am about to create Jerusalem as a joy, and its people as a delight.

All: Amen.



Teach





My Faith Story

- Big Question: Are the Ten Commandments around just to trip us up and make us feel bad?

Open the Bible

- Proverbs 2:1-6
- Exodus 20:1-11
- Lutheran Study Bible page 153
- Exodus 20:12-17
- Lutheran Study Bible page 154
- Exodus 20:18-26



Open the Catechism

- Here We Stand Student Book page 296



**HERE
WE
STAND**

Quiz Show



1. The Ten Commandments can be found in...

- a. Exodus 20.
- b. Joshua 24.
- c. Mark 11.
- d. Exodus 10.



2. Moses went up to pray to God on...

- a. Mount McKinley.
- b. Mount Sinai.
- c. the Mount of Olives.
- d. Mount Olympus.



3. The people wouldn't go near the mountain because...

- a. snow made the road impassable.
- b. they were afraid of the thunder, flames, and smoke.
- c. they thought the mountain was cursed.
- d. the road was flooded out.



4. How many Commandments are about our relationship to God?

- a. 2
- b. 3
- c. 4
- d. 10



5. How many Commandments are about our relationship to our neighbor?

- a. 5
- b. 6
- c. 7
- d. 10



6. Luther believed that...

- a. if we keep the Commandments exactly, we will go to heaven.
- b. the Ten Commandments give us the basics for faithful living in relationship to God and our neighbors.
- c. the Ten Commandments should be expanded to 100.
- d. both a and b



7. God gave the Ten Commandments to...

- a. Adam.
- b. Aaron.
- c. Moses.
- d. Jesus.



8. The Fourth Commandment is to...

- a. honor your brother or sister.
- b. remember the weekend and make it fun.
- c. remember the Sabbath day and keep it holy.
- d. honor your mother and father.



Take a Break

