

Contents



Series Preface	vii
Acknowledgments	ix
Introduction: If Only Children Came with Instructions	I
Chapter 1 Something's Not Quite Right: A Cry for Help	13
Chapter 2 Down in My Heart: A Cry of Joy	31
Chapter 3 It Never Ends: A Cry of Challenge	39
Chapter 4 How Long? A Cry of Pain	49
Chapter 5 Conviction of Things Not Seen: A Cry of Faith	61
Chapter 6 Grace for the Day: Wisdom to Care for Self	69
Chapter 7 Listen Up! Wisdom to Share	77
Chapter 8 Living with Hope	91
Resources	101
Notes	109
Bibliography	111